



# हिंदू स्वयंसेवक संघ यूके

## Hindu Swayamsevak Sangh UK

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# Sangh Mail

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Sanghmail is sent to Karyakartas and well-wishers to keep them informed and is not for public distribution. Send your news and views related to your shakhas/Swayamsevaks/Sevikas/local community for wider sharing and inspiring.

### Other Attachments to this Sanghmail

1. **Vijaya Dashmi 1925**
2. **Sangh Geets and New Kabbadi Rule**

These attachments are views/news from Independent sources or from individuals, and do not necessarily represent view or stated policy of HSS UK.

### Great News!

Congratulations to Shri Jiten and Smt. Geeta Chudasama who welcomed a baby girl Siya to their Parivar. Jitenji, a Swayamsevak, is son to Shri Bhagubhai and Smt. Bhanuben Chudasama, our B'ham karyakartas. Best wishes can be sent to Bhagubhai on 07976 090794.

Congratulations to Shri Meeneshji and Smt. Parul Mistry who welcomed a baby son Aryan to their Parivar. Meenesh is son to Shri Ashwin Mistry, our purva North East vibhag karyawaha. Best wishes can be sent to Ashwinji on 01274 546349.

Also Congratulations to Shri Chirag and Smt. Vidhi Shah who welcomed a baby son to their Parivar. Vidhi, a Sevika from North London, is daughter to Shri Haribhai and Smt. Jignaben Shah, karyakartas of B'ham nagar. Best wishes can be sent to Jignaben on 07704 866260.

### News from Around the UK

#### Slough Shakha is not Reading Shakha! 'Correction to August Publication'

Last month, Sanghmail credited Reading nagar for their Shakha visit to Langley Fire Station. In the true sense of 'Maun Tapaswi' Slough nagar had humbly

30<sup>th</sup> September 2017  
10 Ashwin Yugabda 5119

gifted their achievements to Reading Nagar. Well done to slough Nagar for noble task.

### Leicester Nagar Raksha Bandhan Utsav

On Sunday 27<sup>th</sup> August, Leicester Prahalad Shakha along with Leicester Samiti and Balagokulam celebrated Raksha Bandhan Utsav with a difference. This utsav gave a deeper understanding and a modern context to our celebration. We learnt that it is not just the siblings that give us protection, but a festival that symbolises the good relationship we hold with various people who fight for our well-being, like the British Army soldiers to the Police that protect us in our daily lives.



Special guests PCSO Russell Kirby, PCSO Kerenza Patecka, Shameer Mehta (RAF) and Vivek (British Army) shared their thoughts on this auspicious day. Their experience showed that no matter gender, age, race or educational background that we can all contribute to protecting our community. PCSO Russell Kirby explained how his role is reliant on us. We soon realised that we need to help them help us. Communication showed to be a key issue and that we as citizens play a key part in protecting our society.

Shameer Mehta, an aircraft engineer in the RAF and the Vice President of the Armed Forces Hindu Network (AFHN), gave us an insight from a Hindu perspective. He told us statistics showing how the numbers of Hindus is rising and he encouraged us all to think about joining.



*Report by Harsh Patel, Prahalad Shakha, Leicester*

### Coventry Nagar's 50 years of Contribution

On Sunday 10th September, Coventry Nagar marked the 50<sup>th</sup> anniversary of Shakha in Coventry. Around 200 people attended. The daylong event highlighted how the divine spirit of Sangh helped Coventry through numerous difficult and testing times over the course of 50 years.



All activities and sessions were planned to ensure they catered for all ages so that everyone could participate. From the innocence of Balagokulam, through the youthful exuberance of Yuva, to the wisdom of Prouddh, there was a blend of ages to help a young and energised team to deliver a constructive bauddhik and Shareerik sessions.



The theme was 'Family, Values and the Future', something that everyone could relate and contribute

to. The message Coventry Nagar wanted everyone to leave with was 'Come together, United as One, this is our Shakti'.

Let us put into practice the values Sangh has imparted upon us and contribute to the development of the next generation. We have achieved so much since 1967, but let us not rest on our laurels but rather look to the future...here is to the next 50 years! Shri Amrat Chandegra, kendriya Saha karyawaha was present to encourage to youths to take up the challenge of going forward.

Sumptuous lunch and dinner was well appreciated.

### Leicester Nagar Wales Adventure Weekend

Leicester Nagar organised a Wales Adventure Weekend on 18th - 20th August where 9 Swayamsevaks implemented and demonstrated what we learn in Shakha, i.e. Sanskaar, Sewa & Sanghathan, in a fun and active manner.

The venue was Pontypool, Wales where the Swayamsevaks participated in 2 days of hard and exhausting physical and mental outdoor activities, namely, caving, co-steering and walking for 12 miles. In order to successfully complete the challenges, all the participants had to support each other and overcome personal individual challenges such as fear of height, water, the dark and insects.

Overall, it brought the group closer together and the life-long relationships will continue to grow!



### Cycle 4 Sewa 2017 London

With many people saying it's their favourite day of the year, Sewa UK once again organised its annual Cycle4Sewa event in London on 3<sup>rd</sup> Sept and what an exciting day it was!

All the records were broken on the 6<sup>th</sup> Cycle4Sewa and the cyclists weren't holding back on hitting new

personal bests. With the cameras in position, a drone in the air and cyclists on the start line a determined group of 138 cyclists took on the Main Event, a 2-hour cycle to complete as many laps as possible individually. Year on year it's amazing what these budding young cyclists can achieve when they put their mind to it, all aiming to cycle further than they have in previous years.



This was followed by the Team Challenge entered by 12 teams split into two groups, society and community teams. The teams consisting of 5 cyclists each had an hour to complete the most laps as a team.



Woolwich Shivaji Shakha and Greenhall Consultancy topped their groups to battle it off in a head to head relay to determine the overall winner. After an evenly fought contest Woolwich Shivaji Shakha's cyclists crossed the line first, getting revenge on their narrow defeat to the same team last year!



Through the determination of all of the cyclists a total of 3,034 km were cycled by 198 cyclists with the aim to raise money for the projects in progress by Sewa

UK. Any donations for Cycle4Sewa can still be made at:

<https://mydonate.bt.com/events/c4s2017london/443134>

Sewa UK would like to congratulate all the participants on their phenomenal achievements and thank the sponsors of this year's event: Prime Cash & Carry, NHSF, Lax Videography, AltitudeEye and Elite Visions, along with the many volunteers throughout the day. This event would not have been possible without their continued support.

***"Each one of us can make a difference; together we make a change"***



**Report by Kishan Mehta, Newham Shakha**

### Cycle4Sewa Manchester



Despite the blizzard conditions, more than 150 energetic participants registered for this now well established and enjoyable annual event in Manchester. From the youngest 4 year old to the not so young but equally fit elders, all enjoyed the fresh outdoor challenge.



The Sewa day blood donation Campaign was also in full swing. Support from the NHS blood and Transplant staff were at hand to register new donors.  
*Report by Dr.Raveendra Surange.*

### **New Parivar Shakha in Carmarthen**

Shri Chandrakantji (our pracarak) visited Hindu families in Carmarthen and inspired them to start a Parivar Shakha. Shri Ashishji Channawar travelled to Carmarthen on 24th June and launched Carmarthen Shakha. Since then Carmarthen Shakha has been running successfully once in two weeks. Fairly new Shakha team is getting training and guidance from Shri Ashishji and Sagarji Bhagwan from Swansea. The Shakha has been running with a lot of enthusiasm by participating families which has made the Shakha more exciting. With Shakha, Hindi & Sanskrit teaching has been started ably lead by Dr. Yuvrajji. Shakha has been conducted by Yuvrajji, Goshji, Rameshji, Anandji and Gayatriji. Everyone enjoys yoga and Khels. They love learning about Hindu culture, important places in Bharat, inspiring people from Bharat and its diversity.



### **Great Academic Achievement**



When it comes to academic achievement, our Swayamsevaks and Sevikas lead the way, scoring top marks and reaching higher education standards. But one Swayamsevak Yashwanth Vittal Tenneti has score 13 A\*'s and an A, in 14 GCSE subject. A student of King Edwards Grammar School, Yashwanth is son of Shri Durgaprashad Tenneti who is saha-vibhag karyawaha of East London.

### **Swamiji's Visit Newham Shakha**

On Friday 22nd Sept 2017 Shakti Shakha Newham was graced by Swami's from Bhuj Swaminarayan Mandir and yuvaks from the local East London Mandir. With a sankhya of 40 everyone took part in

yoga, khel and bauddhik. Bauddhik was given by Swami Ramanuj Dasji, previously a Mukhya Shikshak at Sukhpur Shakha (Bharat). He spoke to the youth about his experiences in Bharat and the importance that Sangh has in uniting the wider samaj. Also why Sangh and the Mandirs should do activities together in the U.K to stay united and keep our culture alive.

The previous day our Swayamsevaks had attended East London Swaminarayan Mandir Yuvak Sabha where the discussion was themed on Unity. A brief presentation was given on Sangh work in the U.K. Shri Chandrakantji, our pracarak, also gave some very inspirational words which resulted in numerous calls asking more about Shakha and how to join.



### **Talk on Doctorji Life.**

Mananiya Dhirajji D Shah, UK Sanghachalak, was invited by Wolverhampton Youth Forum at the Wolverhampton Krishna Mandir, to talk on the life of Poojaniya Doctorji. It was well received by the young enthusiastic group.



### **Indian High Commission Commemorates Pandit Deendayal Upadhyaya Birth Centenary**

The Consulate General of India celebrated the 100th birth anniversary of Pandit Deendayal Upadhyaya on Monday 25 Sept at its office in Birmingham. Around 80 distinguished guests were present from the West Midlands region. Mananiya Dhirajji D Shah, Sanghachalak HSS(UK) was one of the keynote speaker. Other karyakartas of the Sangh were also present. The occasion was well received.

## 1<sup>st</sup> Youth Samskrit Shibir

This first ever Samskrit Shibir for Youth was held in hilly woodland area of Lickey Hill in Birmingham. A mixed and mature group of 13 attendees, 3 Samskrit shikshaks and with some local support, started with introduction by Mananiya Ram Vaidyaji.



During the entire Shibir focus was on spoken Samskrit, and the style of the classes meant that everyone got involved and got speaking. Khel (games) session taken entirely in Samskrit also took place! The evening entertainment session involved plays and sketches were performed in Sanskrit by shibirarthis (attendees) using whatever had been learnt during the camp. We were treated to beautiful poems, amazing dances, and some hilarious sketches! Rigorous yogasana was led in the early morning by Shri Sharad Shah, enough to clear our heads for the final Samskrit class! Saraswati Puja took place with everyone offering thanks to the goddess for the gift of knowledge that we have received.

We look forward to next year, and hope more will join us!

For advance information on Samskrit Vargs, contact:- Smt.Madhurima Venkat [madhureemaa@gmail.com](mailto:madhureemaa@gmail.com)

*Report by Garima, Yuva Samskrit Shibir.*

## Bauddhik Vibhag News

We now have 3 new geets for the coming year. Please contact your vibhag Karyawahas for further details. See attachment.

## Shareerik Vibhag News

In the next National Khel Pratiyogita, we shall be holding Kabbadi completion based on International rules. Please begin to apply these in your shakhas. See attachment.

## News from Europe

**HSS Netherlands** commemorated 30 years anniversary on 16 September. A day long programme was organised where 250 people participated. Workshops on Samskrit, mission on Sangh, Critical thinking, Human rights were organised.

**HSS Switzerland** organised its first Shibir on 23-24th September. Location was very scenic and spectacular in mountains.

Participants learnt about the Hindu Dharma, Mission and methodology of Sangh. Sankhya of the Shibir was 50. At present we have one Shakha in Zurich. 3 more shakhas will be started as the follow up of Shibir.

## Forthcoming Programmes

### SEWA DAY - 1<sup>st</sup> October

Hope you are all well and gearing up with projects on 1st October or even during October. Please can I ask you all to fill in attached link to register your project - <http://bit.ly/SewaDaySignUp>

Keen to limit our environmental impact and with the spirit of recycling in mind, the Sewa Day team are this year encouraging all volunteers to re-use their Sewa Day t-shirts from previous years. We are definitely excited to see the array of previous t-shirts on display when volunteers go out to help their communities. We do have a limited stock of t-shirts from past years and these will be distributed to any new project group.

Please give me a call on 07873344483 if you require any help.

Harkishan Mistry, UK Project Manager  
Sewa Day (Registered Charity No 1146848)

### Sree AdiShankara Parivar Shibir

Saturday 7<sup>th</sup> October, 10am - 6pm.

Organised for Swayamsevaks and their parivar from Kerala prant, Bharat. Please register at:-

<https://sreeadisankaraparivarshibir2017.eventbrite.co.uk/>

Contact: 07588 258005 for more details.

### VVIP Visit to UK Shakha – November 2017

#### Vibhags Samilit Shakha Gathering

In preparation for a visit of an important person, we will be holding Samalit Shakhas at 3 places in the UK. Dates and venues will be announced in your shakhas and Balagokulam in due course. Special pratiyogitas (competition) will be held.

#### All London Vibhags, West England & Wales

Sanchalan Pratiyogita

South/East/West Midlands

Kabbadi Pratiyogita

North East/North West/Scotland & Nire

Geet Pratiyogita

### Illuminating India

At: The Science Museum London

Dates: 04/10/2017 to 31/03/2018

**Information forwarded by Dr Harshaben Jani**

(Most events are free but need to book in advance)

There is a selection of events at the Science museum relating to India, it commemorates 70 years of Independence and is part of the British Council's UK/India Year of Culture.

Illuminating India is a season of exhibitions and events that celebrates India's contribution to science, technology and mathematics.

At its heart are two major exhibitions: 5000 Years of Science and Innovation and Photography 1857-2017. Respectively they present a kaleidoscopic history of scientific breakthroughs in India and a unique photographic survey of the country's technological and cultural development that begins at the dawn of photography itself.

[http://www.sciencemuseum.org.uk/visitmuseum/pl-an-your-visit/events/exhibition\\_events/illuminating-india-events](http://www.sciencemuseum.org.uk/visitmuseum/pl-an-your-visit/events/exhibition_events/illuminating-india-events)

**Amrut Vachan**

"Man, because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and the he dies having never really lived".

- The Dalai Lama

## Myths of Dominance

**...China did not ever enjoy military or cultural supremacy in Asia**

**Kanwal Sibal**



*The author is former foreign secretary of India sibalkanwal@gmail.com*

The West has built a lot of myths about China which others, including in India, have accepted without challenge. That China was for centuries the dominant power in Asia and is now on the way to recovering that lost status is one such myth. This historical distortion is serving to legitimize China's hegemonic ambitions, as if China has the right to recover its natural position in Asia and any resistance amounts to denying the Chinese their due. This explains why even when China is aggressive and expansionist, it gets away by projecting itself as a victim of encroachment on its rights by others.

The question is never asked as to how China dominated India, the second largest Asian country that has always been comparable in terms of the depth of civilization, demography as well as geography. Did China ever dominate India politically, economically, militarily or otherwise? If this was never the case, how was China the dominant power in Asia? India is as much a part of Asia as China, although even now in Western circles, 'Asian' in popular parlance excludes those from the Indian subcontinent and refers only to countries east of India.

Read full article at Source:

[https://www.telegraphindia.com/1170830/jsp/opinion/story\\_169768.jsp](https://www.telegraphindia.com/1170830/jsp/opinion/story_169768.jsp)