



हिंदू स्वयंसेवक संघ यूके

Hindu Swayamsevak Sangh UK

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Sanghmail is sent to Karyakartas and well-wishers to keep them informed and is not for public distribution. Send your news and views related to your shakhas/Swayamsevaks/Sevikas/local community for wider sharing and inspiring.

Other Attachments to this Sanghmail

1. Samvad 16 November 2017

These attachments are views/news from Independent sources or from individuals, and do not necessarily represent view or stated policy of HSS UK.

Condolences

Shri Beharilal Bhimji Dholiwar of Slough passed away aged 91. A steadfast Karyakarta, his contribution to Sangh and Hindu samaj in Slough has been immense over the years. He will be sorely missed. Condolence can be passed email to Pradip pradisatan@gmail.com

On behalf of Sangh Pariwar, we pray for the eternal peace and sadgati of the departed soul.
Om Shanti, Shanti Shantih!

News from Around the UK

Rugby Police and Coventry & Warwickshire Ambulance Service presented with ancient Hindu symbol of protection.

Members of Hindu Swayamsevak Sangh and Balagokulum visited the Rugby Police Station on Newbold Road to tie a Rakhi to the Police and Ambulance personnel's wrists as part of the festival of Rakhsha Bandhan. The Rakhi, a simple but colourful thread traditionally tied to the brother by the sister, represents the community binding together and helping each other in times of need. Children from the group were treated to sitting in the Police and Ambulance vehicles at the station and given an insight into the day to day life of the emergency services. The visit culminated in the distribution of chocolates, symbolising the group's

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acknowledgement and respect for the immense sacrifices the fire services make for the community – and vowing to help if they are ever called upon. The firefighters were also presented with a scroll.



Report by Shri Kishor Mistry, Rugby Nagar

West London Vibhag Abhyas Varg

On Saturday 4th November 2017, 49 karyakarata bandhus and bhaginis from 6 Shakhas came together for Vibhag Abhyas Varg at Lampton School in Hounslow.



The outcomes of the exercise were shared with the karyakartas. Based on the outcomes of this exercise, three common areas of improvement were identified

which were building and developing Karyakarta team, increasing sankhya and improving bauddhik. In the mixed groups, karyakartas developed action plans for these three areas.

There was a parallel session conducted for younger karyakartas (12-18 year olds) in which they were tasked with organising an event for the shakha.



After Bhojan, there were two key sessions on Bauddhik and Sharireek which were conducted by Baijuji Shah (Kendriya Bauddhik Saha Pramukh) and Miteshji Sevani (Kendriya Sharireek Pramukh). Highlight of Abhyas Varg was concluding bauddhik by Mananiya Dhirubhai Shah (HSS UK Sar Sanghachalak). - *Report by Shri Yogesh Bhide, WL Vibhag Saha Karyawaha*

Guru Vandana Utsav by Cardiff BG

Cardiff Balagokulam had a successful Guru Vandana event on 25th November at Sanatan Mandir, Cardiff. Balagokulam children felicitated teachers from their schools and parents were felicitated. Sankya was 38. Teachers shared their experience as being heartening and thanked Balagokulam for this lifelong learning experience that children gain outside of school alongside bringing families and the community together.



Report by Smt. Shalini Gnana, Cardiff Balagokulam
Rugby Nagar 2018 Planning Weekend

19 Swayamsevaks and Sevikas took part in the annual Rugby Nagar planning weekend on 17th-19th November 2017. This year we stayed in Ashbourne,

Derbyshire where the accommodation and the facilities were of a good standard. The weekend went well with all karyakartas taking good part in the discussions and activities. The catering for the weekend was good with a variety of home cooked food provided for the attendees. On Saturday the group went for a 13mile walk along the Tissington trail.



Report by Shri Kishor Mistry, Rugby Nagar

Education Gift India, a Very Special Initiative

Through EGI (Education Gift India, we did a special project of distributing shoes to school children in Vanvasi Khetra of Bywar, Rajasthan (Bharat). One elderly lady gave us donation special for this purpose and with these funds we were able to distribute shoes to 180 School Children and 7 Teachers.



Report by Shri Vinoobhai Vadher, North London

Sister Nivedita's 150th Birth Anniversary Celebration by Balagokulam Belfast

On Saturday 4th November 2017 Balagokulam Belfast team has visited Dungannon in Northern Ireland to celebrate Sister Nivedita's 150th birth anniversary. First the team visited Ranfurly House Arts and Visitor Centre and paid homage to the idol of Sister Nivedita. At Ranfurly House the team also read

Sister Nivedita's achievements narrated on the "Wall of fame". Pradnyaji has read a poem about Sister Nivedita and talked to the children about Sister Nivedita's contribution to India. Then the team visited 16, Scotch Street (birth place of Sister Nivedita) where a blue plaque was erected by Ulster History Circle.



Sister Nivedita was born, as Margaret Elizabeth Noble on 28 Oct 1867, in Dungannon and after her childhood she moved to London. After meeting Swami Vivekananda in 1895 and inspired by his speech Ms Noble decided to make India her home and arrived Calcutta in 1898. Swami Vivekananda provided her training on spirituality and service and gave her the name "Nivedita" meaning "Offered to God or Service". She opened a girl's school in Calcutta and wrote several books (*Kali the Mother*, *The Master as I Saw Him* and *The Web of Indian Life*) which were regarded as one of the few fair accounts of Hindu Society written in English. The visit has provided both the young and the adults an opportunity to remember our history and culture.

Report by Shri Krishnan Pandiaraj, Belfast BG

Get Well Soon Ram Vaidyaji!

After returning from extensive Pravas abroad in middle of November, our pracakar Shri Ram Vaidya fell seriously ill with high fever and vomiting. Smt. Vidulaji Ambekar immediately referred him to A&E hospital in London. After one week his was able to travel to Leicester where he is recovering. Sangh and Samiti Karyakartas of London and Leicester nagar are taking very good care of him. We all wish him good recovery and to be back amongst all of us soon.

Tarun Vibhag Abhyas Varg

On Saturday 11th November Tarun Vibhag held a one day Abhyas Varg in Leicester. 14 Taruns got together and took part in karyashalas exploring world problems and solutions, and looking at answering questions from different viewpoints.

The Taruns then mind mapped the main question of the day "what does a Tarun need?"

The outcomes were highly beneficial and the team now are planning their forthcoming karyakrams with these in mind. The first one being...

Tarun Shibir: Friday 2nd February to Sunday 4th February. Save the date!

HSS(UK) Engages with Parliament Week (13th - 19th November)

Pratap Shakha and Shakti Samiti (Finchley) organised a Parliament Week event on the 17th of November at Bishop Douglass School, Finchley.

Hon. MPs Theresa Villiers and Mike Freer attended the hour long event which started with introduction of activities of Sangh and Samiti and also included a demonstration of Surya Namaskar.



Pruthviben Shah spoke on the format of the weekly shakha and leadership skills taught in shakha. The audience were told about the HSS 50th anniversary celebrations and the SEWA projects that Sangh and Samiti prides itself on.



Theresa Villiers was impressed with the discipline she witnessed at the Shakha. She emphasised how important it is to practice our precious democracy positivity, take up local issues and show that you care by taking that first step to doing something about it. She emphasised that there is a strong need for our youngsters to participate in politics, 'go and meet your local MP, speak to them about issues that you want something done about' she said. In introducing Mike Freer, Smt Harsha Jani reminded the MP of the 1992 visit to Finchley Pratap Shakha utsav by Prime Minister Mrs Margret Thatcher.

On the Caste Consultation Bill, both Theresa Villiers and Mike Freer reassured the audience that they were strongly against this bill as it is totally unnecessary and a waste of parliament time. Fielding a question from young Swayamsevak Dillon Depala about changing the voting age to 16, both MPs said that there are crucial issues at election time which people vote on and age 18 is the appropriate age for voting in national election. Young Swayamsevaks and Sevikas and the guests had opportunity for one to one interaction with both MPs over a plate of Nasto.

Forthcoming Programmes

Tattva Programme 2018 - Enrolment

And finally, we're super-excited to announce that our **next programme kicks off 6-7th January 2018** and **enrolment has already begun!** So if you, or someone you know, feel an inner calling to be a participant, submit your application. (Limited spaces available). The deadline for enrolment is 3rd December. <http://tattva.atavist.com/enrol>

Varshik Pratinidhi Sabha 2017

Sunday 3rd December at Milton Keynes.

All office bearers (Shakha and BG karyawahas and above karyakartas are requested to attend). Please

inform your vibhag karyawahas of the names attending.

30th November – Gita Jayanti

We've all been told that the Bhagwad Gita has an immense amount of knowledge but very few of us take the time to read it. Perhaps its lack of time or motivation or even the lack of reason?

This Thursday is Gita Jayanti and therefore a great opportunity to take a dive into the wisdom of the ages. Attached is a wonderful article written by Colonel Mahendra Mathur which is a brief introduction to the Bhagwad Gita so take a few minutes to read it and then take the opportunity read or listen the Bhagwad-Gita tomorrow. The link <http://www.bhagavad-gita.org/> is a good starting point but the internet is full of translations.

Amrut Vachan

Meet the transient world with neither grasping nor fear, trust the unfolding of life, and you will attain true serenity. - *Shri Krishna in Mahabharata*