



SEP 2021

Sangh Mail

Sanskār • Sewā • Sangathan



Shakti Ka Naam Hi Naari Hai

Sangh Mail is an internal organizational publication and for well-wishers to keep them informed on recent updates and news on a monthly basis. It is not for public distribution. Please continue to send in your news and views related to your shakhas / Swayamsevaks/ Sevikas/ for wider sharing and inspiration at sanghmail@hssuk.org

Shakti Ka Naam Hi Naari Hai

NATIONAL SAMITI SSV

National Samiti SSV shikshak varg was held at Edgware Karyalaya. Eighteen shikshikas stayed overnight to prepare for SSV. The varg proved to be very inspiring and helped to foster the bonding between shikshikas and provide focus for the work ahead. Mananiya Vidulaji Ambekar And Madhviben Haria were present to provide guidance



SANGH CHINTAN SHIBIR 2021

A total of **173 participants** gathered at Groby College in Leicester, in what turned out to be one of the best focused and organised Shibirs for some time! The opening Bauddhik by Shri Raveendraji Surange on our mission and need for karyakartas was captivating, engaging, and even emotional...

Abound with energy, and a glorious sun filled sky, participants took to the fields to once again participate in khel and comradery that has evaded us for so long.

Back indoors [after a hearty lunch!] a charcha session on Sathpadi enabled everyone to talk on personal level the journey of steps that has helped them to embrace Sangh.

Finally the samarop by Shri Ramji Vaidya encapsulated the essence of Sangh Karya padhati, especially the vyvahavar between each of us, and the process of karyakarta nirmaan required to 'Be & Make' a Karyakarta.

Be & Make...

...a karyakarta

Karyakata Nirmaan Shat-padi

1. Shiksha
2. Swadhyaya
3. Sadhana
4. Sahavaas
5. Sahabhaag
6. Sahayoga



LANCASTER BG – GANESH CHATURTHI

On 9th Sept Lancaster BG celebrated Samuhik Ganesh Chaturthi Utsav with lot of passion and devotion. Its the first ever time that Lancaster Hindus celebrated this festival with such grandeur. Shri Ganesh murthi was brought to the venue by traditional dhol and dance procession through the streets of the city followed by pooja. The event also had cultural programmes by children, various Khel and delicious Prasadam, and finally Nimarjan at the near by river side. Thirty families along with local university students attended the event. Families from nearest Cumbria BG also attended the utsav which made the celebration even bigger. [Here is a related article](#) by Dr.Lakshmi Patil ji for Lancaster Council Exhibition Nilesch Manjare, Karyawaha

Shri Ganesh The Remover of Obtacles



BIRMINGHAM RADHE KRISHNA BG - GANESH VISARJAN

Radhe Krishna Balagokulam participated in this years Ganesh Visarjan with great energy, devotion and fun! Held at the local Laxminaryan Mandir the utsav saw parents and children participate alike with the bal gana leading much of the utsav. A joyous, and educational utsav.



NEWBURY CELEBRATES RAKSHA BANDHAN

7th September 2021 30 swayamsevaks and sevikas visited Thames Valley police station to celebrate Raksha Bandhan. The police officers enthusiastically showed off their equipment and allowed the bal gana to get themselves locked up inside the police van! In a moment of respect and appreciation, rachis were tied to the police officers who in turn distributed goody bags to the children.



LEICESTER JOIN FORCES TO CELEBRATE RAKSHA BANDHAN

Leicester Nagar truly showed their sanghatan spirit by joining forces across HSS UK Sangh, Samiti, Sewa Day and Hanuman Sewa Group to welcome members of the British Armed Forces at the Hindu Mandir on the 4th Sept to celebrate Raksha Bandhan . Invited guests [70] included Members of the British Armed Forces and their families, the Hindu Chaplin for Ministry of Defence - Mr Krishanji Attri and Smt Van Deviji – Councilor. The event included traditional Bharatanatyam dance, song, and a sumptuous meal. In tying rakhi's to one another Shri Attri shared the importance of protection, love in the community and acknowledged the gesture of care towards the British Armed Forces.



NORTHAMPTON – CAUGHT IN THE ACT [OF KINDNESS]

Northampton Shakha celebrated Raksha Bandhan with the local Police constabulary. They had the opportunity to test out their equipment, practice their apprehension skills, as well as ensuring the message of Raksha Bandhan was shared.



SCOTLAND – RAKSHA BANDHAN MAKES THE HEADLINES

[British Asia News](https://britishasianews.com/hindus-in-scotland-celebrated-raksha-bandhan-to-show-unity-and-brotherhood/) - <https://britishasianews.com/hindus-in-scotland-celebrated-raksha-bandhan-to-show-unity-and-brotherhood/>

[North Edinburgh News](https://nen.press/2021/08/22/raksha-bandhan-to-say-thanks-to-nhs-staff-police-armed-forces/) - <https://nen.press/2021/08/22/raksha-bandhan-to-say-thanks-to-nhs-staff-police-armed-forces/>



1-7 Nov 2021
#UKPW

ukparliamentweek.org

SMALL ACTIONS

BIG CHANGE



HAVE YOU SIGNED UP FOR UK PARLIAMENT WEEK 2021?

HSS (UK) celebrates its 5th Year of Education, Engagement & Empowerment through UK Parliament Week



Events are to be held between **1st - 7th November 2021** (alternative dates are between 25-31 Oct, 8-14 Nov)

Once confirmed please let us know when your shakha is planning on holding this event by informing your Samaj Sampark team or Dr. Harsha Jani 07961052165

Can we raise the bar on last year?

2,200 Participants

Participation from **40+ MPs and Councillors**

49 Registrations

HSS [UK] Parliament Week 2020
DID YOU HAVE YOUR SAY?
#IAMsangh #247Sevika
#YourUKParliament #HaveYourSay

NORTH EAST & ENGLAND	NORTH WEST	WEST ENGLAND & WALES
• Halifax	• Manchester	• Bristol
• Huddersfield	• Sale & Macclesfield	• Cheltenham
• Leeds	• Salford	• Swindon
• Scarborough	• Stockport	• Cardiff
EAST MIDLANDS	WEST MIDLANDS	NORTH LONDON & HEREFORDSHIRE
• Leicester	• Leamington	• Barnet
• Rugby	• Cannock	• Barnet
• Derby	• Crewe	• Waltham
• Nottingham	• Gillingham	• Haringey
SOUTH LONDON	SOUTH MIDLANDS	• Penzance
• Bromley	• Cambridge	• Queensbury
• Canterbury	• Crawley	• Rushley
• Northampton	• Gillingham	WEST LONDON
EAST LONDON & ESSEX	• Sutton	• Hounslow
• Chesham	• Woolwich	• Ilford
• Southend on Sea	• Woolwich	• Havering
	• Reading	• Reading
	• Slough	• Slough

Please ensure you sign-up for UK Parliament Week (UKPW), plan your activity and watch democracy grow.

The sooner you register [please contact your local samaj sampark team] the sooner you'll benefit from the UKPW kits available.



Follow us at:

@YourUKParl @HSS_UK
HSS UK 247Sevika
#iamsangh #247Sevika #UKPW

READING NAGAR

CYCLE4SEWA

Cycling report - By Rishit Bhatt

For cycling, our youngsters set the standard, by not only climbing up high in their respective leaderboards but also organising their own meetups and cycle rides. By going out on daily cycle rides, they were an inspiration to many of the older swayamsevak and swayamsevikas, to improve our fitness levels and physical wellbeing.

We had two joint cycle rides with one being a **strenuous but scenic 40km cycle from Reading to Newbury along the River Kennet**, where we stopped halfway for a small picnic at a beautiful spot next to the river. However,, unfortunately, we were not able to cycle back to Reading due to time constraints, so we all took a relaxing train journey back and reflected on our fun journey.

After participating in this year's Cycle4Sewa event for the first time, everyone is eagerly awaiting next year's event so that, as well as cycling even further we can get many more people involved, and try to raise more for Sewa UK.



Cycling & Walking 4 Sewa fever in and around Reading!

For the first time the Tarun group from Hanuman shakha organised the Cycle4Sewa event for Reading nagar, encouraging individuals to walks and cycle and record their own distances. This was a new and exciting event to many and they were not shy to register, with up to 40 people registering within 24 hours of deadline day. Before the planned events, we also got some of our older kishor/kishoris to cycle/walk around Reading to distribute the T-shirts, to not only help push their distances but also to connect with all the Swayamsevaks and Sevikas.

Walking report - By Eva Srivastava

We planned 3 official walks where we could get together and motivate each other to complete as many miles as we could and build those 1-2-1 connections. Routes were specifically planned out to accommodate all abilities and we held the walks in scenic locations close to nature. We mainly focused on completing a 5 mile walk, but in all the enjoyment of the scenic walk so much, we did almost 7 miles! We all most definitely appreciated our natural and picturesque surroundings much more over those two weeks.

Collectively Reading nagar worked as a team, and as a team, we all looked out for each other as well as ensuring we had great conversations and a lot of laughter. These challenging walks have motivated many to continue to walk and it has been brilliant to see everyone on the Strava app clocking up the miles.

It doesn't stop there, a regular walking group has now been set up inspired by Cycle 4 Sewa, and we are now planning even more walks around the country! It has been lovely to reconnect with everyone especially after lockdown and Covid-19 regulations.

Cycle4Sewa has been an incredible event that we all enjoyed participating in, and we look forward to joining Cycle4Sewa again!



HSS SEWA RAISES OVER £2,000 FOR SEWA UK



The second wave of Covid-19 pandemic severely affected both rural and Urban parts of India. It also led to painful economic devastation with many people losing jobs & business. Many families lost the earning member, and many children were left orphaned. Between 17-18 July 2021, the Manchester team of HSS Sewa raised £2383 for Sewa UK to support Rehabilitation work in India. The **Honourable Member of Parliament for Cheadle, Mary Robinson** kindly agreed to do the Cheque presentation to Sewa UK who were represented by Shri Natubhai Faldu.

WHITE HOUSE ACKNOWLEDGES CONTRIBUTION OF SEWA INTERNATIONAL SEWA INTERNATIONAL REVAMPING HEALTHCARE, OXYGENATION, AND TELEMEDICINE ACROSS THE COUNTRY

The organization is setting up over 35 oxygen plants across 15+ states of India, including remote locations in Uttarakhand, Arunachal, Jammu & Kashmir, etc [Read More](#)

LONDON MARATHON – DUO TAKE IT IN THEIR STRIDE FOR SEWA UK

Running maestro's Jayanti Varsani and Nilesch Solanki took on the London Marathon raising over £4000 for Sewa UK. Well done chaps!



CORRECTIONS

Last months publication incorrectly stated Atharvaji's vistaar experience to have occurred between the 19-25th Sept. Given the timing of the publication it was obviously a 'Back to the Future' moment! Atharvaji's vistaar was in fact undertaken between the 26th July to 8th August. Sorry about that.

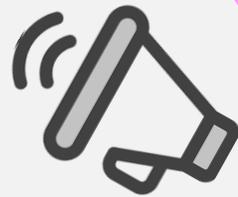
WE CARE

Our work entails the use and participation across many forums, activities, and channels. If you incur any negative incidents, or are experiencing undue negative attention resulting from our work – please contact us at wecare@hssuk.org for help and support.

WE LOVE HEARING FROM YOU!

To help in publication here are few points when submitting news items:

- Provide a summary - try to keep articles down to 100 words or less, but if you can't, be sure to include a summary. That way we ensure we don't miss out on the best bits.
- A picture tells a thousand words - it also provides that 'I wish you were here' moment!
- A thousand pictures on the other hand.... We have tremendous fun looking at your snaps, but if you can share the ones you'd suggest to include [from a google share for example], then we'll make sure that we get your best side
- Tell us who you are - its an opportunity to get to know one another; so include your name, location and responsibility [where relevant]. If you don't object – we'd also like to include your email address so others can get in touch for more information.



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