

Sanskār ▪ Sewā ▪ Sangathan

Sangh Mail



Sangh Mail is sent to Karyakartas and well-wishers to keep them informed and is not for public distribution. Send your news and views related to your shakhas / Swayamsevaks/ Sevikas/ Local community for wider sharing and inspiration

CUMBRIA BG

APR 2018 Cumbria BG was started in Feb 2017 and was meeting on every fortnight. Into its first anniversary in Feb 2018, it's now being run every week with great support from parents and of course kids.

On 22nd April Cumbria Balagokulam hoisted the Bhagwa Dhvaj for the first time and has its own name as "Shubham BG - Cumbria".

Dr. Ravindra Surenge Ji (North-West Karyawaha) drove up to support this Utsav. Kids performed Yogasanas and recited shlokas on the occasion. Total Sankhya was 31.
#JustSay ॐ SHUBHAM BalaGokulam.



Best Regards,
Shri Kishore Dattu (Karyawaha)

DAY AT CHELTENHAM

MAY 2018 – No, not the type of day Cheltenham is renowned for...but yet another Balagokulam launched! With an opening sankhya of 25 – taking place on Saturday [1130-1300] this is bound to be another success story. Pictured are the proud team taking collective responsibility for the Bhagwa Dhvaj



CONGRATULATIONS TO RAJESHJI SINGH – Elected councillor Reading – Kentwood Ward

MAY 2018 – Rajeshji Singh won a hard fought election in May to win by 6 votes [1,154 vs. 1,148]. The conservative councillor was delighted with the result “I feel really, really pleased considering it was so close” Rajeshji thanked HSS अधिकारियों for the inspiration and motivation to take on a political career where he could help and serve all communities

WELCOMING IN A NEW PARIWAR

MAY 2018 - A new Pariwar Shakha has started in Leicester on Thursday at the Shree Damania Macchi Mahajan, Leicester, UK Hall between 6:30 and 7:30 pm. The first Shakha was held on Thursday 29th April 2018 with a sankhya 28. Shakha is now planned to be held regularly every Thursday. Sthan: 103-105 Frisby Rd, Leicester, LE5 0DG II **Shilpa Gangji**



A GROWING PARIVAR

MAY 2018 You might think this is a double take – but here's another Parivaar Shakha. There was an open day back in April attended by 75 people. 11 swayamsevaks and sevikas from Reading Nagar helped with the event. Activities were conducted in three separate groups for BG, Shakha and Samiti. Regular weekly shakha started 4th May, between 6.30 to 8pm.



PROUDH SHIBIR 2018: EXPERIENCE AMONGST THE AGE WORN VETERANS.

MAY 2018 - They were definitely worn, but with a defying spirit of resilience, laughter and joy. At times I thought I was with little bal and shishus ... care free.. laughing away and having great fun being together. I met many who I had not seen for ages. It was a very good experience.



The highlights of the camp were the **baudhiks**, which covered dharma, challenges and the strength we have. There was clear guidance in what the proudh gan was expected to do.

Shareerik: yoga clearly fitted very well in shareerik. There was hardly any one who did not fit in the gans. Even those with walking sticks and who had difficulty in walking. The **chair yoga** filled the void where many otherwise would have just sat down or gone for a walk and wasted time in gossip.



It was very pleasant to see a large number participate in the most challenging yoga session for almost half an hour, and they could have endured even for an hour, proving that there is a large section in proudh who can take up challenging shareerik. We should not stop or soften up in presenting challenging shareerik to the proudh.

This should be translated to shakha level. Every encouragement needs to be given to have proudh gan actively engaging in yoga asanas both challenging as the easy ones like the chair yoga leading to better health in majority of our proudh.

Sharadji Shah

LEICESTER SHAKHA – BUILDING RELATIONSHIPS

MAY 2018 - During the May half term week Sindhu Shakha, Shri Ram Shakha and Guru Nanak Shakha went on a joint trip to Shri Guru Ravidass Gurdwara in Leicester on the 30th May 2018.

For the Sevikas from Sindhu Shakha the trip began at 1:30pm when they arrived at the Gurudwara to prepare the evening langar (communal meal). From 6pm onwards we all took part in the evening kirtans in the very peaceful and spiritual atmosphere. The treasurer from the managing committee then presented how the local Sikh community has developed over the past 50 years and we learnt more about Sri Guru Ravidassji. As a sign of respect Ma. Pravinbhai Ruparelia was then presented with a photograph and a shawl. The evening concluded with the delicious langar.

The total sankhya was 102 and we raised a total of £305. This was used to cover the food costs and the remaining was donated to the Gurudwara. It was great to see families coming together and engaged through this trip whilst also strengthening the bond between the swayamsevak and sevikas. Furthermore, it was equally important to engage with our wider Hindu community and we hope to build on these relationships in the future.

Dillon Shah

Leicester Guru Nanak Shakha Karyawaha



BALAGOKULAM KARYAKATA VARG (BGKV) 2018

JUN 2018 - On the weekend of 9th and 10th June 2018, 79 mahila and purush karyakartas from 26 Towns left their homes and families and dedicated their weekend out of busy lives to the **Balagokulam Karyakata Varg (BGKV) 2018** at the picturesque and idyllic countryside park of Beaumanor Hall in Leicestershire. A Mata here has left her very young twins at home, a Pita left an 11 week baby at home to attend the varg. They came from the far corners of England, Scotland and Ireland too.

Their motivational drive was the same –enlighten the Bhavana (भावना), the spirit, and attain Kaushal (कौशल) – skills to become a better Karyakarta who can better contribute to the local Balagokulam and Parivaar shakha. It was a good mix of Karyakartas, ranging from those who have been running the Balagokulam or shakha for over 10 years to those who are keen to start a Balagokulam in their areas.

Ashishji Channawar, the Varg Karyawaha welcomed all the Karyakartas and introduced the adhikari gana for the varg. The Varg was inaugurated in the traditional way with Deep Prajjwalan, which was done by Shri Satyenji from Belfast who travelled from furthest point. In Udghatan Baudhik, adarniya Chandrakantji set the very positive context by highlighting “Why this Karyakarta Varg instead of the annual Bakagokluam shibir?” and inspired all the attendees to make the most of this opportunity. He described the challenges afflicting the Hindu samaj and how it can be overcome. A well trained, motivated Karyakarta is needed not just to teach geet and shloka to the children, but to light a lamp of hope and show the path to the larger Hindu samaj in the locality.

Ashishji conducted a charcha on "Objectives of Baudhik, and various channels of delivery and effective planning". The ganas did an exercise of coming up with a model Baudhik yojana for the year covering a full range of Baudhik types and including balanced mix of vishayas - Utsavs, Mahapurush, Sangh and Hindutva. This gave the confidence to the Shiksharthi that annual Baudhik Planning is not very complex or time-consuming task considering the available resources & guidance and the hands-on experience they gained through the exercise.

Ramji shared the effective art of storytelling – of capturing the attention of audience, having the climax and a meaningful conclusion. कथा तू बोध रम्या - katha tu bodh ramaya (Every story is an opportunity to bring the positive change in the audience). Chandrakantji discussed the characteristics of an ideal Karyakarta as Shri Krishna explains in Bhagwad Geeta – “someone who is in the Satvik mode of goodness, when he or she is free from egotism and attachment, endowed with enthusiasm and determination, and equipoised in success and failure.”. The gathered Karyakartas also learnt about the important aspects of Karya padhdhati – a unique way of working that Sangh has developed over 90 years, a path to follow in order to become a better Karyakarta.

In the last session, Ramji summarised what the Karyakartas have all learnt from this varg – the importance of assimilating - Shradha (श्रद्धा), Nishtha (निष्ठा), Satatata (सततता), Mamata (ममता), Bhavana (भावना), Saadhana (साधना), Tapasya (तपस्या) making it all part of the Swabhav (स्वाभाव).

The Karyakartas then left the varg with the feeling of स्वयं पुष्पं स्वयं घृष्टञ्चन्दनम् I wish to become a flower and I wish to offer myself in the service of Dharti Maa !



CHARITY THROUGH ADVENTURE THE 12TH YORKSHIRE 3 PEAKS CHALLENGE

MAY 2018 The glorious weather and 502 participants attending made a very enjoyable and memorable day. The event is all about the walkers achieving their objective in pushing themselves to their own physical and mental limit. Encouraging each other to carry on, shows our true character. There were so many individual experiences and stories to tell. Personal photos will be cherished for a long time to come.

Many participants were first timers with children. The weather was perfect but there were very strong winds which meant that many walkers were time delayed and had to retire after 2 peaks. A father and son (aged 8) team from Slough completed 3 peaks in 12.20hrs. He is the youngest to date. Previously the youngest was 9 years old [a few years ago].

All the donations were for SEWA UK charity No 1135425. So far just over £18000 has been raised as of 08 June 2018.

“CTA” Charity Through Adventure has, over the years, given many people opportunities for training and encouragement to enjoy hill walking. Our team of experienced guides played a big role in looking after and assisting walkers. Many tail-enders completed just outside the 12 hour target. Our ethos is to encourage new participants to hill walking. Behind the scene there were 25 volunteers looking after registration, first Aid transport service, serving water, fruits, samosas, nuts and chocolates. Hot drinks and biscuits were served to all finishers. All litter was safely distributed to participants to take home to their own waste bins.

Our contribution to the national park and environment

Our CTA team also participated in litter picking on the route on 20 May 2018. We collected 6 large bin bags. Got plenty of applause from other walkers. We are going to make litter picking an annual event. We are also encouraging participants to use less plastic bottles. SEWA UK has donated £500 to Yorkshire National Trust towards the path maintenance and upkeep.

Thank you to all the participants over the years who have given immense satisfaction to all our volunteers. Thanks to numerous group leaders for their time in bringing participants each year. Our dedicated CTA Team Volunteers are doing a wonderful job and please be aware that your contribution is greatly appreciated by all participants.

Satish Shah

CTA Team Volunteer and SEWA UK

Next year: Sunday 26 May 2019

RESULTS

- 537 registered
- 132 completed all three peaks
- 77 managed two peaks- 18 miles.
- 109 tackled one long peak - 16 miles
- 160 completed one peak- 9 miles.
- 34 were not able to attend on the day.

WE DO LIKE TO BE BESIDE THE SEASIDE

JUN 2018 - On the 9th June 2018 Coventry Sewa Shakti (Day Care Centre) organised a coach trip to South End On Sea to enjoy to summer ! The trip went with a huge success with over 50 people attending from the parivaar!

Big AUM to the team who organised this event !
Dharmish Jagatia



BLOOD DONATION – MANCHESTER

MAY 2018 - Did you know that to treat patients in England, we need six thousand blood donations per Day^ Only 3% of donors who gave blood in the last 12 months were of black or Asian heritage. Sewa UK* and Vishwa Hindu Parishad UK, work together to organize various social and cultural activities over the year.

The Gita Bhavan Hindu Temple hosted a blood donation camp in **Manchester 9th May**. Dr Poonam Kakkar a renowned GP, led the team, along with NHS blood and transplant team. The event generated a fair amount of interest and a **total of 54 units of lifesaving blood** were collected. We are thankful to all those who participated in this wonderful 'Daan'.

If you are interested, download the app, NHSGiveBlood, the next event in the same venue will be in Sept 2018.

Kaushik Chakraborty

^ <https://www.blood.co.uk> || *www.sewaday.org



BLOOD DONATION – CAMBRIDGE

JUN 2018 - Cambridge shakha had our blood donation day 22 JUN. 22 new donors inspired by our shakha to donate. Harkishan ji made a 300 mile round trip to join us!



WELCOMING IN A NEW PARIWAR, UK'S FIRST SAMANVAYA SHIBIR WAS HELD ON THE WEEKEND OF 28 - 29 APRIL 2018 II Beaumanor Hall near Leicester

APR 2018 - The theme of the Shibir was "Discuss, Deliberate, Dedicate"! The highly comprehensive, extensive and intense Shibir was attended by the representatives of 24 organisations of UK HSS Pariwar, UK Sangh Chalak Shri Dhirubhai Shah, UK Karyawah Dhirajbhai Shah, UK & Europe Pracharak, Mathematician Chandrakantji Sharma and Vishwa Vibhag Sah Sanyajak Dr Ramji Vaidya, who just flew from the Middle East.

After Deep Prajwalan by Lalubhai Parekh, Chandrakantji explained well, elaborated well the meaning of "samanvaya", its relevance, necessity and significance for our work. A workshop on "samanvaya", related questions such as what, why, how and its uniqueness made every delegate aware, understand of the concept.

HSS UK was formally founded on 14 August 1966! Dhirubhai Shah walked us through the history of HSS UK since 1966 up until today. It was indeed thrilling to see our progress of last 52 years culminating in 10 zones, 110 Shakha, and Balgokulam, 3 Annual Shibirs - Tarun, Proud and SSV.

A very interactive session on "Present Status of Hindus in the UK - success, challenges and opportunities" was ably conducted by Chandrakantji. It was indeed really interactive as every single delegate participated, discussed and deliberated. Issues such as family structure, our social, political academic influence, disconnection with what, how we live and our children, who we are, what we didn't, couldn't give to our children, how we face challenges and so on were freely discussed.

In depth Bouddhik of Chandrakantji on "Karya, Karyakarta, Karyapaddhati, Karyakram", Nirnaya Prakriya, and Pariwar highlighted Sangh philosophy, thinking, working methodology, administration, process to develop Karyakarta, family format, decision making on ethics, values, importance of regular meetings at and of all levels and so forth were discussed thoroughly. Every participant's "Sangh Knowledge" was refreshed and enhanced.

During the weekend 24 different organisations of our Pariwar working in a variety of fields related to India, Sewa Organisation and Community were introduced to the audience. Their reports on mission, aims, objectives, organisation, activities, working and so on were presented by each organizational representative. Delegates appreciated the invaluable service to society being provided by these organisations including Friends of India Society International, Sewa International, Overseas Friends of BJP, National Hindu Students Forum, Vishwa Hindu Parishad, Hindu Sevika Samiti and so on. A workshop of India related, Sewa related, Organisation/Community related organisations was also conducted. Every one had a chance to put in his/her views, comments and opinion.

Mananeeya Ranga Hariji's VDO Bouddhik on Hinduism - spiritual belief - system of the individual and Hinduness - the identity of the land and the people was highly educational and made the concepts crystal clear, removing any lingering doubts in Swayamsevak's mind.

Ramji conducted an innovative "game" in small groups of delegates. Through the discussions and drawn paintings he effectively narrated the true meaning of "Vishwa Dharma" and "Vishwa Shanti! His eloquent Samarop bouddhik was equally impressive walking us through the stages, phases of human journey, and civilisations.

Before saying good bye to each other it appeared that everybody understood the meaning of Samanvaya, its importance to our work and regular Samanavaya Shibir. All the delegates thanked the organisers for their hard efforts put in to make the Shibir memorable. We said good bye and let us meet again in Second UK Samanvaya Shibir next year!

Warm regards,
Anil Nene

RUGBY SEWA WALKATHON – HOPE-4-VINAY

JUN 2018 - On Friday 8th June, Rugby Nagar held their 14th Sewa Walkathon. Once again we were blessed with good weather and the 6pm meet proved to be good draw for the local people. In all, over 100 participated on the day with some of them opting to run the 5 mile route. As usual, there was a picnic afterwards with huge variety of savoury snacks. In less than 3 hours we came, we met, we walked or ran, we talked, we joked, we ate and we played. A great way to spend an evening with the Sangh Pariwar.

The beneficiary of this year's donations was the 'Hope 4 Vinay' campaign. Vinay is a 4 year old with cerebral palsy and the campaign is aiming to raise £60000 for him to have specialist treatment and rehabilitation. To date, the campaign has raised over £30000 and the Sewa Walkathon has raised a very respectable £1519 towards the campaign.

**CHIEF GUESTS - CROYDON**

MAY 2018 - On Tuesday 29th may Croydon hosted a karyakram for Shrimati Anjaliben [wife of Gujarat Chief Minister Shri Vijay Rupani] at shakha. Many local Hindu community leaders were present. Shri Rajendrabhai Shukla ex mayor of Kari was also present together with his wife. **Anil Shah**

**CROYDON SAMPARK**

JUN 2018 - Senior Swayamsevaks from Croydon Nagar met with Dr Shri Vinayji Sahasrabuddhe, Vice President of BJP and Indian council of cultural relations last Sunday 24th June 2018 on his visit to London. Many points were discussed and points were noted for future work. The main focus was ICCR activities and Nehru center functioning which comes under the auspices of ICCR. Shri Madhureshji Mishra secretary of FISCI from Hounslow was also present. **Anil Shah**



PLYMOUTH BG – AIN'T NO MOUNTAIN [OK HILL...] HIGH ENOUGH!

Ten Tors is a 35, 45 or 55-mile walk (depending on your age). It is usually held in May and at Dartmoor National Park (grassy highland and high rainfall zones) where you have to go through specific checkpoints including ten tors (a tor is a hill). The challenge starts at 7:00 am on Saturday morning and lasts till 5:00 pm on Sunday. You must stop walking and camp at 8:00 pm or 10:00 pm on Saturday night depending on if you're doing 35, 45 or 55 miles. Each team comprises of 6 people. Each team has two tents, Trangias, first aid kits, maps, compasses, high visibility jackets and an emergency shelter. Each team member also carries personal kit, for example, spare clothes and food.

The Ten Tors challenge is one of the best things to achieve in the world. It's wet, muddy and sometimes even snowy, but it's still amazing. During the drive home, your parents will ask you if you want to do it again next year and you'll just laugh and say "Anyone who wants to do this again must be crazy!". Yet, after a good night's sleep, you realised it's been life changing. Why? Well, it varies from person to person I think; some might want to achieve the challenge, others may want to prove something to their friends and family or themselves even, but personally, I just felt I could do better. I felt I didn't push myself hard enough and that I want another go. Most of my older friends who did 45 and 55 all finished before me and I feel I need to do better. **Samarth**

I have realised I am stronger than I ever thought. As 60 girls turned to 20, all the girls who were left wanted those final places just as much as I did. Every single girl who made it that far had put in so much work and effort into continuing, and I am incredibly proud of every single one of my classmates who managed that" **Saahithya Aroori**



Saahithya Aroori



Bhumika Sinha

"...I've made quite the memory collection- from using teamwork to try and escape a bog up to our knees to seeing a sunny day turn into a lightning storm! Personally, experiencing it all with friends, old and new, made it extra special. Laughing together, feeling tired together and experiencing new things together was the highlight. We even heard a couple cuckoo birds and saw a stag parading into the forest! Overall, this experience filled with friendship, laughs and teamwork is something special I'll never forget.

I hope that one day each person can see that special something lying at the top of the tor.

Bhumika Sinha

OLDHAM – MANDIR NAGAR YATRA

North West Ghosh Team joined forces with Oldham Mandir on their Nagar Yatra. The Ghosh Team fielded a band of 11 vamshi's, 2 Aanak, One shankh



LEICESTER HOLI 2018

MAR 2018 Just hours after Storm Emma, the Beast from the East and multiple severe weather warnings, the white snow-covered fields of Abbey Park in Leicester transformed into a sea of red, blue, orange, green and yellow. Not because of the weather, but because 1,000 people decided to brave the weather to enjoy Leicester Holi 2018 on Saturday 3rd March.

Embracing Diversity, Celebrating Unity was the theme of the event that saw yoga and meditation sessions, talks on the philosophy behind Holi, exciting plays that told the story of Holi, dances that brought about the spirit of Holi and hot food that added to the flavour of Holi. The entire project concentrated more on what unites us rather than what divides us; being Hindu.

HSS Leicester led a committee of 15 Hindu organisations in Leicester, including ISKCON Leicester, Art of Living Leicester and Brakhma Kumaris Leicester in the first ever non-profit, public, Dharmic dhuleti utsav in Leicester.

The committee workings were based on the Hindu Management System; for example, working on consensus rather than voting, everyone having an equal say and once a decision has been made that everyone follows that decision.

Overall, the project focused on Anekataa Mein Ekataa with the emphasis on the oneness. This has laid a small seed in the Hindu community in Leicester that we CAN work together in harmony when a need arises and proactively as well. **Sangathan Mein Shakti Hein**

Pranaam,
Bhavin Davdra
Leicester Holi 2018 Coordinator





"As the heat of a fire reduces wood to ashes,
the fire of knowledge burns to ashes all
karma..."

HEY ARJUN...

"Find your inner inspiration..."



Date: 3-5 August 2018

Venue: Birmingham

Register: www.nkv2018.eventbrite.co.uk

National Varg for Karyakartas and Yuva Swayamsevaks

Priya Bandhuvar, you are kindly invited to attend this year's NKV titled "Hey Arjun...", a gathering of Karyakartas and Yuva Swayamsevaks from all over the UK. Our NKV for 2018 aims to build on the inspiring and thought provoking weekend we had last summer.

"Hey Arjun..." is a deep but practical exploration of the challenges facing our modern day swayamsevaks on an individual, local, national and international level.

As our Dharmic principles fight to shine a path in a world full of conflict, Hey Arjun will explore these issues to find practical solutions. From understanding the increasing efforts on religious conversion, social challenges facing Hindus, to the practical challenges of modern day stress overwhelming our Karyakartas. Blended with shareeik activities to focus on developing healthy habits for 30 plus to ensure we maintain our vitality and strength.

Join us for a weekend, in which we explore the above issues over innovative shareeik activities, inspiring bauddhiks, engaging charchas and workshops to find explanations to overcome the doubts we have, whilst energising us to move forward with our goals in today's Kurukshetra (daily battles).

HEY ARJUN...

'OVERCOMING OUR INNER DOUBTS FOR THE GREATER GOOD ...'

As Arjun, through Krishna guidance and wisdom overcame his doubts on the Kurukshetra, NKV will be an opportunity for us to find positive solutions to our own challenges.

All Shakha, Nagar, Vibhag and Kendriya Karyakartas, Yuva swayamsevaks, Vividh Kshetra karyakartas, and adhikaris of the Sangh are invited.

Please do not hesitate to email me, if you have any queries.

Brotherly yours,

Tushar Shah, Shibir Karyawaha, mail@tusharshah.com

Date:

Fri 3 Aug (arrival by 9.00 pm) – Sun 5 Aug (Post SSV Samarop)

Venue:

Hampstead Hall Academy, Craythorne Avenue, Handsworth Wood, Birmingham, B20 1HL.

Contribution

£20 (Students or unemployed) or £25 (All others)

Registration Online by 30 Jun: www.nkv2018.eventbrite.co.uk

(No registration will take place during the Varg)

CYCLE 4 SEWA 2018.

Please note the following dates for Cycle4Sewa – registration is at www.sewauk.org/Cycle4sewa

- Rugby - 2nd Sept
- London - 9th Sept
- Birmingham - 16th Sept
- Manchester - 16th Sept

FEEDBACK – SANGH SANDESH

You'll have noticed the revised look and feel of the newest edition of Sangh Sandesh. As a team, we felt it was time for a change. Given our strong social media presence, which regularly updates everyone of Sangh activities, Sangh Sandesh, the quarterly print publication has had to find a new and relevant space. This new space will hold innovative, provocative and well researched works.

In our endeavour to involve you in co-creating the future of print publication in Sangh, we'd greatly appreciate your feedback by filling in the online survey at - <https://goo.gl/forms/Cek6Rwmhy5oAGuiP2>

We encourage you to proactively get hold of, study and organise discussions based on the articles written in the publication.

YOGA RESOURCES

New Yoga folder has been added to the Shareerik folder. These resources can be used within our shakhas, *upcoming yoga day* and other yog events.

<http://hssuk.org/shareerik>

VIDEOS

- 1) A brief history of yoga
- 2) What is yoga
- 3) Yoga day promo

MATERIAL

- 1) Common yoga protocol by AYUSH
- 2) How yoga transforms the body poster
- 3) Surya Namaskar Slides / Exhibition
- 4) Why practice yoga
- 5) Yoga level one asanas
- 6) Yoga presentation

COMPETITION TIME! - BHARAT KO JANIYE

The Ministry of External Affairs, Government of India is organising the 2nd edition of Bharat Ko Janiye Quiz for the Indian diaspora youth across the world. The online Quiz is open for the Indian diaspora between the age of 15 and 35 years. The Quiz is being held for two distinct categories of NRI and PIO/OCI.

To take part in online Quiz, the participants are required to complete online registration at portal www.bharatkojaniye.in. There is no entry fee for participation and the top three winners from each category would be given Gold, Silver and Bronze medals at the Mission level.

The top three winners from each category would be participating in 2nd, 3rd and 4th rounds and the final 20 participants would be given 15 days' orientation programme including a visit to Lakshadweep and Agra at Government expenditure. The top three winners of each category would be given Gold, Silver and Bronze medals at the Pravasi Bharatiya Divas Convention to be held in January 2019.

As the first round is held online, and the portal www.bharatkojaniye.in can be accessed from anywhere, participants are required to answer 30 multiple choice questions in 25 minutes. Please encourage Diaspora youth to register & participate. **Vijay Chauthaiwale**

A VETERAN PASSES AWAY...

Shri Naresh Arora , a very active and talented Sangh Karyakarta, formerly from Bharat and then of UK , passed away recently (21st June '18) at Chatham, a suburb in London .

He was not keeping well for a long time, having braved the dreadful Cancer for a number of years .He was 78 and is survived by his wife Virender Sindhu and a grown up son Siddhesh.

While in UK, he played a very significant role in various sangh inspired activities such as Friends of India Society and Oversees Friends of BJP and also in the socio cultural activities involving the local Bharatiyas. He was a well known figure in the Hindi Literary field and was a recipient of several awards such as "Vishwa Hindi Samman," " George Greeyerson International Award," " Paramanand Sahitya Samman" and also " Hindi Sewa Samman".

"Seemat Gayee Dharati " , " Tems ke tatse " , " us paar - is paar," and "(Vaishvik) Atankwad " are some of his famous books. He was a regular contributor to Panchjanya and was a correspondent for Hindustan Samachar during 1969-75. After his arrival in UK in Jan 1964, he also started a bi- lingual , " CHETAK", a news bulletin in Hindi and English and was its editor for a long time.He was a regular Hindi News Reader as Naresh Arora , at BBC London from 1968 for more than a decade .

Shri Nareshji was born in Firozpur, Punjabin 1940 in a middle class family. His father ,known as Gyanchand Kaviraj was a devout Arya Samaji and also was closely associated with the local Sangh work. Naresh was thus brought up in the sangh culture right from his young days. He passed his Matriculation in 1956 and B A from the local RSD degree college in Firozpur in the year 1960. He then worked as a sangh pracharak at Palampur in Himachal Pradesh for two years.during 60 - 62 and that time was very close to Man Madhavrao Muley and Man.Chamanlalji.; in fact it was Man Chamanlalji who provided him the necessary addresses of the swayamsevaks of UK after Nareshji's first arrival there in Jan 1964.

Nareshji was a lucky participant in the oft-quoted meeting of London in 1966 at which Man Atalji was present and had prompted the assembled swayamsevaks to start a monthly gathering in the form of Shakha in UK. In fact ,Sangh work was thus officially initiated there in the year 1966. After the initial settling in UK, Nareshji had completed his management studies and eventually became a senior administrative officer in London Metropolis.

While in UK ,he was fortunate to meet all the visiting Sangh Adhikaries including Man Deendayalji, Dattopant Thengadiji, Bhideji, Sheshadriji, and also Poojaneeya Sar sangh chalakji Man Rajjubhaiyya,and Man Sudarshanji. In July 2016 ,UK celebrated the Sanskruti Mahashibir at the completion of 50 years of Sangh work in UK and Man Mohanraoji Bhagwat , the present Sarsanghchalak was specially present at this occasion. Shri Nareshji ,despite his failing health ,somehow managed to attend the concluding function and thereafter meet Man Mohanraoji.

He was a regular swayamsevak of HARROW Shakha until he moved to Chatham area. Nareshji was extremely fortunate to have Sushri Virender Sindhu as his life partner. Virender ji was the daughter of Shri Kultar singh , the younger brother of the famous revolutionary ,Sardar Bhagatsingh. Herself an accomplished authoress, having written a book on the life of her uncle , she was a disciple of senior famous author, Shri Kanhailalji Mishra " PRABHAKAR ".In fact Mishraji played an important role in finalising the marriage proposal between the two families.

A couple of years back Virender Sindhuji was invited as a guest lecturer at several of the Indian Universities and Shri Nareshji had accompanied her. It is so unfortunate that Virenderji herself was bed ridden due to a paralytic attack when Shri Nareshji passed away.

In Nareshji's passing away, Sangh has lost not only a veteran karyakarta but also a very lovable and pleasing elder.

